



GEMS Meeting Notes
May 16, 2022, 12:00 EST/ 11:00 CST / 9:00 PST

Participants: Maura Kennedy, MD; Lauren Southerland, MD, FACEP; Rachel Skains, MD; Shan Liu, MD, FACEP; Kevin Biese, MD, MAT, FACEP; Brenda Oiyemhonlan, MD; Nicole Tidwell; and Amber Hartman

Monthly Business Calendar

Month	Meeting Focus	Geriatrics/ Other	Notes
April 18	ACEP22 Pre-con planning		Meeting room 250 capacity, 3 hours, audience general emergency clinicians, directors, and administrators. Look into Zoom option for presenters. Survey to go out to GEMS members to gauge topic interest. Phil crafted and sent.
May 16	Bring ACEP22 “loose” pre-con plan to section, finalize June 21 webinar plan	SAEM, New Orleans	
	ABEM Model changes - Lauren	AGS, Orlando/Disney	
June 21	Webinar - Talking ‘Bout my Generation”		Toree not available – Maura to contact colleague
July 18	GEMS Resident engagement tactics + ACEP22 GEM Section meeting planning TBD: GEMS/ GEDC educational webinar?	AHA	Calendar change-July does not work for GEDC team- they have TBD topics for Sept. 19 and Nov. 14.
August 15	TBD: Joint webinar: GEMS/ GEDC education-Patient Safety/Quality Committee		
September	TBD topics for Sept. 19 and Nov. 14.		

- **May - ACEP22 Pre-conference plan, remaining to-dos**
 1. Finalize Topics, speaker outreach
 2. ABEM

- Kevin: West Health- increase core geriatric education, engaging in conversations with ABEM
 - Key Advances for ABEM – GeriED Guidelines could feed into this; Chris Carpenter is part of the group for key advances.
 - ABEM Model (changes meeting in May)- Lauren to present data. Mapped geriatric domains from ABEM Model.
 - ITE exams (based on model) – what are they calling “geriatric” – Lauren to review
 - New ABEM Modules for attendings – (multiple year process; already planned out) Mapped Tess Hogans Domains to ABEM Model
3. Identify
 - ED programs addressing boarding
 - MK to email Katie Davenport (done) - ED MD based - maybe OK for short video but probably not a full program discussion?
 - NT to email Sandy Schneider***
 4. Call back program:
 - MK to email Lebanon New Hampshire--Kristie Foster at Alice Peck Day Mem Hospital— (603) 448-7448, fosterk@apdmh.org
 5. Didactic speakers on:
 - SNF transitions (MK has sent email to colleague for SNF-ist suggestions) (INTERACT, SNF transition form)
 - Supercharge the discharge - anyone have suggestions?
 - “The other AAA” -= anyone have suggestions?
 - Caregiving*** anyone have suggestions?
 - Can’t Admit, Can’t Discharge - MK to email Scott Wilbur
 6. Brenda Oiyemhonlan follow up:
 - Confirm talk on KP Care without Delay
 - Follow up on inquiry on Culturally Responsive Care and Inclusion Program and potential to be leveraged into a talk for PreCon
 7. Patient voices – may be the most challenging, but potentially the most impactful
 - Email contacts at Alz Association (maybe AARP?)
 - Email individual friends/family members
 - Outreach via GEAR patient advisory group

ACEP22 Pre-conference discussion

ACEP Member \$54, RN price \$54, Non-member \$98

Pre-Con Title: *Transforming Tricky Transitions: How to optimize care transitions for older patients in your emergency department*

Time: 3 -4 hours. (Probably 3).

3 hours:

Plan for 3 - ten minutes transitions with patient voices

Each segment: 37.5 minutes inclusive of questions

3.5 hours:

Plan for 3 - ten minutes transitions with patient voices

Each segment: 45 minutes inclusive of questions

Possible Topics and/or speakers: patient/caregiver perspective - consider videotaped segments from PFCC, other caregivers could include OSU Chief of Nursing caregiver perspective on ED to hospital to home transition with delirium

1. Resources:

- A. PFCC (Kevin/Ula), GEAR 2.0 dementia advocates,
- B. Tess Hogan, GERI Guidelines group has a great caregiver of patients with dementia who have been great advocates about how to better care for patients with dementia
- C. L. Southerland - has an RN colleague.
- D. Nurse Julie from APD in New Hampshire could talk about call back programs. She would love to and is rural hospital and has done tons of call backs

2. Bay area physicians/nurses?

- AMDA The Society for Post-Acute and Long-Term Care Medicine (“AMDA”) – nursing home transitions. (Nicole/Kevin part of work group.) Speaker idea – Karl Steinberg Dr. Karl Steinberg, MD, CMD, HMDC, President, AMDA; Dr. Suzanne Gillespie, AMDA President- elect, or Christopher Laxton, CAE

➤ Summary

3. Major Topics:

- A. ED → home transitions
- B. ED → facility transitions
- C. ED → inpatient programs
- D. Forest-level view

4. Additional key content:

- A. DEI considerations with care transitions
 - 1. Incorporated through lectures/topics under above sections
 - a. Caregiver
 - b. Metrics
 - 2. Incorporate through patient voices
- B. Patient and caregiver perspectives with diversity in voices and experiences

5. Considerations:

- A. Try to integrate educational topics with programs addressing that topic (e.g., a didactic on home transitions, followed by programs on this)
- B. If there are multiple programs we want to highlight, potential to have some people videotape?
- C. Ensure diversity of speakers - gender/URIM, geographic location of practice, type of facility (community/academic).
 - 1. Invite RN or NP speaker?

➤ **Examples of care programs**

1. Call back programs (NH program connection via K. Biese, Julie from APD)
2. Telemedicine programs/paramedic programs (Emily Hayden) **confirmed**.
3. Care of the boarding patient (Toila, Davenport)
4. System level approaches - (e.g., Kaiser – local resources, GEDA currently working with four Kaiser sites that we could possibly reach out to)
5. Existing programs to improve care transitions to SNFs

➤ **Getting support for ED transitions:**

1. Speaker - K. Biese, GEDC, ACOs, West health... others?

➤ **Diversity:** Need to ensure we include rural sites, nonacademic sites, etc.

➤ **Detailed outlines of topics:**

- ED → home
 - Didactics: ‘The other “AAA”: community resources to support aging in place’
 - Speaker -?
 - Didactic: “Supercharge the discharge”
 - Speaker -?
 - Didactic on Caregiving (cultural perspectives around caregiving, discuss disparities in caregiving, discuss “respite”)
 - Potential programs to highlight:
 - KP Care without delay, Speaker: Brenda Olyemhonian
 - Can also speak on virtual program for follow up messages
 - Callback program - Lebanon New Hampshire--Kristie Foster at Alice Peck Day Mem Hospital
 - Virtual ED observation unit (vs. under ED → inpatient care)
- ED → SNF/facility
 - Possible didactics
 - Alphabet soup of post-acute care facilities and long-term care facilities
 - Principles on care transitions?
 - Mike Wasserman (geriatrician) or local geriatrician
 - Cameron Gettel, Liz Goldberg - SNF paper
 - Caregiving - impacts on ED and care transitions (with express discussion of
 - Possible programs:
 - “Interacting with INTERACT” - didactic on programs on care transitions
 - SNF phone calls -? Bridgeport Yale
 - Is there a community and/or rural program addressing ACO waivers/accelerated referrals to SNF/rehab - maybe via telehealth?
 - <https://bwa-inc.org/because-we-care/> Program through AARP for black women caregivers
- ED/ED → inpatient
 - Didactic:

- Can't Admit, Can't Discharge - Scott Wilber?
- Programs:
 - Boarding – wait times in hallway – Shan could help?
 - UNC Hillsborough - has delineated responsibilities for ED physicians for patients boarding in the ED
 - Ask Sandy Schneider
 - Back up - email GEDC group?

Virtual Observation Unit (Hayden) - confirmed

Beaumont - impact of level 2 GED on LOS, <https://pubmed.ncbi.nlm.nih.gov/35276545/>

Hospice-referral programs?

Pharmacy reconciliation programs

Forest-level view

system level discussion – Jeremy Schwartzberg

K Biese – getting support for GED efforts

Measurement

Culturally Responsive Care and Inclusion - program at KP - developed metrics around senior care - potential talk on how to tailor that to the ED? (B Oiyemhonlan to explore)

Quality metrics for care transitions

VA data: <https://pubmed.ncbi.nlm.nih.gov/34820827/>

https://www.qualityforum.org/Publications/2017/08/Emergency_Department_Transitions_of_Care_-_A_Quality_Measurement_Framework_Final_Report.aspx

GEMS/GEDC Webinars

Education and business – June and July during GEMS meeting

- **June 21 - Talking 'Bout my Generation**

Moderate - Maura (2 minutes)

- Keynote talk Physiology of aging and circadian rhythms and industry approaches to shift work and aging - Katren Tyler - CONFIRMED - 15 minutes
- Panel discussants with brief (5 minute/speaker: 15 minutes total) presentation – Why we do what we do
 1. Stephen Meldon practice specific policy for aging physicians - **confirmed**
 2. ~~Toree McGowan~~ – Toree not available, Maura to reach out to colleague
 3. Howard Ovens MD, CCFP(EM), FCFP **confirmed**

Staff Emergency Physician and Chief Medical Strategy Officer, Sinai Health System and Medical Advisor, Sinai Health Foundation Professor, DFCM, and Sr. Fellow, IHPME, U. of Toronto ON Provincial Lead for Emergency Medicine- avoiding agism and paternalism in departmental policies. "Burden of shiftwork is so heavy, that given the demographics of our discipline and issues in short career spans, we cannot afford in general to increase the burden of unsocial shifts on younger docs. We will drive them away.... our allows docs to choose their shift profile and then adjust payment incentives to ensure all shifts are covered. "Some staff members who are older (Evan and Brian) "prefer to do a preponderance of nights to make their target

income in the fewest shifts possible" while others do fewer shifts and in effect "pay" others to do them

- =<8 minutes of structured questions for panelists (2 min or less/speaker)
- 10+ minutes QA from audience
- Leverage social media - we could send out surveys via Twitter - personalized by generation and ask about shift preferences/circadian rhythms, we could ask questions about policies at people's home institution, etc.
- Phil to connect Maura and Katren with JHMI faculty members who is helping outline Hopkins EM aging workforce considerations.
- Policy at UNC - phased in approach, night shift differential is lower
- Talk: Quality Assurance considerations - Discussion with Rohit Sangal and QA group - May scrap if not a good speaker or good content to use
- Co-advertise with ACEP workforce section
- Phil created survey to send out to GEMS section members to rank importance of topics to be covered
- Letter (led by Maura!) to editor in response to ageism column in Boston Globe...Might be nice to share with listserve! <https://www.bostonglobe.com/2022/05/07/opinion/what-seems-like-ageism-may-just-be-our-heavily-checked-listed-health-system/>
- ACEP Pre-Retirement policy: <https://www.acep.org/globalassets/new-pdfs/policy-statements/considerations-for-emergency-physicians-in-pre-retirement-years.pdf>

- **July Section meeting – Planning for ACEP22 Section meeting**

1. 90 minutes, minus 10 minutes for sponsor
2. Maura will become chair
3. Ask who would like to be involved – Rachel to help
4. Boxing match again, year overview

- **July webinar – Collaborate with GEDC on educational webinar** UPDATE: July does not work for the GEDC team

- **August or September-**

- Joint Webinar 1: Collaborate with GEDC on educational webinar
 1. Activity kits and delirium management tools
 2. TAKs, St. Joseph's kit ([White noise machine, therapy kits](#) \$25-\$50)
 3. Tess Hogan for GeriED Guidelines PICO question
 4. Invite smaller hospitals to participate:
 - Baystate?
 - Ari Friedman – went to BI for residency, MD, PhD, Health Economist at Penn, Older pain, and Abdominal pain at Penn
 - Sara Hurley MSIII, at Hopkins
 - Jonathan Dillon, PGY1 at Christiana

- Joint Webinar 2: Patient Safety/Quality Committee wants to do a joint webinar with us to discuss how GEDs improve quality (Top 10 simple ways to improve quality of care for older adults) or something like that. Cameron Gettl part of this group.
 1. Phil and Luna offered to help with webinar
 2. Maura Kennedy highlighted on EMRAP three months ago!!!!

ACEP 2022 didactics

- **Problem**
 1. Still facing continued challenges getting geriatric content into general ACEP didactics at annual meeting.
 2. Individuals applying for geriatric ED accreditation still unable to get needed CME by attending ACEP annual meeting.
 3. Still awaiting request to have a geriatric representative as a participant in the didactic committee.
 4. The lack of communication from the didactic committee hinders our ability to advocate for geriatric content or be successful in obtaining geriatric content
- **For ACEP2022**
 1. In response to information learned from the zoom meeting with didactic chairs, we identified a smaller group of individuals to submit content, including one who lives in California.
 2. Nonetheless, of at least eight geriatric didactics submitted, we are only aware of two geriatric talks that were accepted. There are at least two palliative care/end of life didactics - while this does address one component of geriatric emergency care, it is not synonymous with geriatric care.
 3. To address lack of geriatric content at ACEP2022, GEMS will curate a preconference to provide some of needed CME for individuals applying for geriatric ED accreditation and will refer GEDA applicants to GEMS section webinars, prior GEMS pre-conferences and geri-EM.com.
- **For ACEP2023:** GEMS section is reconsidering whether it should continue its efforts to advocate for geriatric content at ACEP. We still strongly believe that if ACEP requires applicants for GEDA to get between 4 and 8 hours of CME to be the geriatric champion, this should be able to be obtained by attending the ACEP annual meeting. However, GEMS leadership and members have spent tremendous time in the past unsuccessfully advocating for this. The GEMS section is reconsidering whether they wish to continue these efforts, or whether instead to focus efforts on pre-conferences, webinars and/or supporting non-ACEP educational content for GEDA.

GEMS Engagement

- Projects to get people involved in the section. Maybe a series of quick polls on the discussion boards.
 - Chris Carpenter Twitter account titled GEMs. Rachel can post Twitter polls. Should we have a list of topics to engage? Target to residents.

- Resident engagement at ACEP22 (sensory experience – take a picture a tag on social media). Luna to research company for VIR
- Is there a residency fair – could hold engagement on the resident fair day